



**Carter Memorial Church of Baltimore**

# **Consecration**

**21 DAYS OF FASTING & PRAYING**

**January 8 – 28, 2024**

**2024**



THE YEAR OF  
**ORDER**

**“Commit to the Lord whatever you do, and he will establish your plans.” Psalm 16:3**

**“The Lord makes firm the steps of the one who delights in him.” Psalm 37:23**

**“For God is not a God of disorder but of peace, as in all the meetings of  
God’s holy people.” 1 Corinthians 14:33**

**CONSECRATION:** Making sacred; dedicating to the service and worship of God; separated from a common use to a sacred use. Metaphorically, meaning perfect although not faultless, but bringing to a state of completion and fulfillment. To renew; to complete, mature, reaching the intended goal; to finish a work or duty.





# Corporate Prayer Times

**6AM**

**Prayer Line # 717-401-9985 | Code 5909# \***

*\*Maryland Central Jurisdiction Prayer Line  
Bishop typically leads prayer each Monday morning*

**12PM**

**Prayer Line # 667-770-1523  
Code 737082#**

**7PM**

**Prayer Line # 667-770-1523  
Code 737082#**

***Call back Prayer Line #: 712-432-1085; Code: 737082#***

# Consecration Menu

*PLEASE NOTE: The Consecration menu and mealtimes may be adjusted as needed for medical purposes. Diabetics and individuals under a doctor's care are encouraged to consult your physician concerning the fast. At the end of the Consecration Period, take two days to transition back into your regular diet, by eating non-heavy foods and drinking plenty of liquids.*



## ✓ Sunday

*Open meal selection day.  
However, please refrain from  
sweets, sodas and desserts.*

## ✓ Mon, Wed, Thur & Sat

*Fruit, vegetables, nuts, whole grains  
and healthy prepared chicken or  
fish.*

*Only fruit juices (no sugar added)  
and plenty of water.*

## ✓ Tuesday and Friday

*Please observe total fasting until  
3:00pm.*

*After 3:00pm, a moderate meal of  
fruit, vegetables, beans, potatoes,  
meatless soups and garden salads.*

# Consecration Protocol

**During the Consecration Period, please observe the following:**

- Determine the one thing that you will abstain from or lay aside during the 21-day Consecration.

*(ex. TV, social media, social activities, etc.)*

- Increase prayer time and maintain a DAILY prayer/consecration journal to include your petitions, scriptures read, daily activity and any inspiration given or revealed to you by the Lord.

- Tithe at least two hours and forty minutes each day through prayer, study of the Word and meditation.

- Avoid or limit secular TV, radio and magazines, and limit and/or avoid excessive social telephone calls

- Limit or alleviate all social media activity that does not glorify God or edify believers.

*(Do not allow yourself to become distracted by distractible vices. Everybody you have befriended and converse with through social media may not share nor honor your time of Consecration. However, if you feel impressed of God to share an inspiration, be lead of God in your sharing and remain focused.)*

- Married couples “do not deprive one another except with consent for a time...” (1 Corinthians 7:5)

- Parents are encouraged to include expanded time with their children during the consecration period, and to share with them the essence of denial and discipline as a part of a vibrant relationship with God. This includes limited access to video games and abstinence from fast foods.

- Allow yourself to be emptied in order to be REFUELED. God, being the perfect gentleman that He is, will only fill the space you avail to Him

- Be goal oriented during the time of Consecration. Set disciplined measurable goals and hold yourself accountable to them.

# Prayer Focus

**As you pray during the Consecration Period, place at the forefront of your prayers...**

- Help in the time of need.
- A renewed relationship with God.
- Pray for spiritual sensitivity to His will, and invoke the more of His presence in your life.
- Desire higher heights and deeper depths in Christ, and diligently seek His direction in all things.
- Petition His Spirit to penetrate your heart to a new awareness of the time and season in which we live.
- Pray for the manifestation of the gifts of the Spirit, and for the healing of minds, bodies and spirits.
- Pray that His purpose for your life will be realized, and that you will be found walking worthy of the vocation to which you have been called.
- Petition God for healing of both land and people; that sickness and disease would be eased, and that the social unrest in the land would be eradicated.
- Pray that the peace of God would prevail, and that His power would reign supreme in the lives of His people.
- As you continue in your prayer petitions for spiritual renewal and for refreshing and restoration, avail yourself to be refueled; to be refilled, and to be energized by the Holy Spirit that you may be able to stand against the evils of the day.
- Seek God's guidance for divine order in every aspect of your life, and avail your steps to be ordered by the Lord.